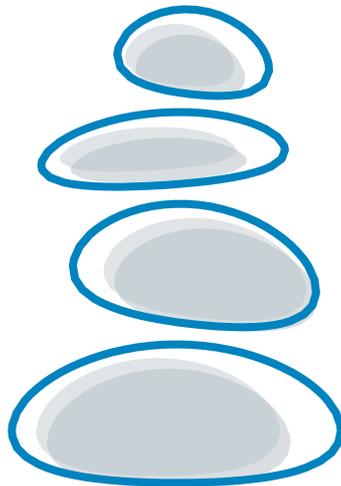


nōKU
SPA





NOKU SPA IS MORE THAN JUST SPA

Enter on a journey of a unique combination of wellness to give you a truly holistic experience.

Once you are with us, you will be the most important person in the world and no amount of pampering, care and expertise will be spared.

All our treatments and wellness activities are designed to have therapeutic value and will be carefully tailored to your needs.

NOKU SIGNATURE TREATMENT

KASHI NOKU

SIGNATURE TREATMENT

120 MINUTES – USD380 PER COUPLE

Restore your skin's luster with this amazing local coconut scrub followed by hydrating tropical coconut oil massage. This treatment uses a blend of finest quality natural ingredient to suit your individual needs, leaving your skin soft and supple whilst releasing your stress with a scalp massage, followed by a Maldivian coco hair wrap.

ISLAND FOOT BATH

A purifying foot ritual, infused with rich aromatic limesessential oils, starts your journey to total relaxation.

NOKU FUSION MASSAGE

Continue with a unique massage using Maldivian coconut oil. Providing a unique sensation and relieving muscle tension.

COCONUT BODY SCRUB

A full body exfoliation ritual follows, invigorating and revitalizing the body, using an exotic blend of coconut to deeply cleanse and moisturize. Skin will appear radiant and flawless.

COCONUT HAIR WRAP

A traditional coconut hair wrap offers a unique experience, as the treatment's heat and warmth melt away tension, increases blood circulation.



Above prices are subject to 10% Service Charge and 16% GST

BODY MASSAGE

AROMA MASSAGE

DELIVERS COMBINED HEALING

60 MINUTES – USD140 PER PERSON

90 MINUTES – USD170 PER PERSON

Discover the ancient art and allure of aromatherapy, with this gentle and soothing massage style combined with the healing essences of our unique aromatherapy blend stimulate your sense and relax your body and mind.

BALINESE MASSAGE

BOOST BLOOD CIRCULATION

60 MINUTES – USD140 PER PERSON

90 MINUTES – USD170 PER PERSON

An authentic tension release massage with a combination of palm strokes, skin rolling, knuckling and thumb pressure to loosen connective tissues, and stimulate the lymphatic system.

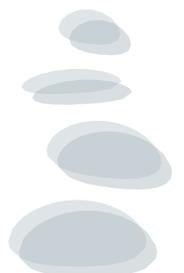
DEEP TISSUE MASSAGE

FOR SPORT ENTHUSIASTS

60 MINUTES – USD160 PER PERSON

90 MINUTES – USD180 PER PERSON

Aimed at targeting the deeper tissue structures of muscle and connective tissue, this treatment offers specialized massage that uses intense pressure. The skilled therapist works to release chronic muscle tension, knots and adhesions in order to increase flexibility and relax the body.



Above prices are subject to 10% Service Charge and 16% GST

WARM STONE MASSAGE

PROMOTES HEALING

90 MINUTES – USD190 PER PERSON

Hot stone therapy rebalances the body by use of “Black Basalt” stones placed on specific cakra points to bring about perfect harmony within the body. By applying pressure to these points, you can stimulate these organs that some believe results in better health.

THAI MASSAGE

TARGET PRESSURE POINTS

60 MINUTES – USD150 PER PERSON

90 MINUTES – USD180 PER PERSON

This full body treatment involves passive yoga-like stretching and pressure point massage along the body’s major energy channels to help release blocked energy, relieve tension, increase flexibility and align the body’s skeletal structure. This treatment does not require oil application.

BABY BUMPS MASSAGE (PRENATAL MASSAGE)

DURING PREGNANCY

60 MINUTES – USD130 PER PERSON

A deeply nourishing body treatment designed to target areas prone to stress and tension during pregnancy.



Above prices are subject to 10% Service Charge and 16% GST

FACIAL TREATMENTS

CELLULAR RENEWAL FACIAL

60 MINUTES – USD140 PER PERSON

Dare to defy time with this super lift facial that relaxes you and envelopes you in an aquatic cocoon right from the cleansing ritual adapted to your skin type.

NATUARAL FACIAL

60 MINUTES – USD130 PER PERSON

Experience a true natural beauty treat with this Natural facial, suitable for all skin types. Following a relaxing welcome massage, the skin gently cleansed and exfoliated. A mask of pure natural Multani Mitti Clay.



Above prices are subject to 10% Service Charge and 16% GST

BEAUTY CARE

EXPRESS MANICURE

30 MINUTES – USD 40 PER PERSON

EXPRESS PEDICURE

30 MINUTES – USD 40 PER PERSON

SPA MANICURE

60 MINUTES – USD 90 PER PERSON

For intense softening our manicure uses purest products. Includes exfoliation nail and cuticle grooming, hydrating cream and nail polish

SPA PEDICURE

60 MINUTES – USD 90 PER PERSON

This complete foot treatment begins with a soak followed by a special foot scrub to soften and smoothen the skin. Nail and cuticle grooming proceeds buffing or nail polish.



Above prices are subject to 10% Service Charge and 16% GST

ADD-ON TREATMENTS

PURITY EXFOLIATION

30 MINUTES – USD 70 PER PERSON
60 MINUTES – USD 120 PER PERSON

This is an exceptional skin softening body exfoliation combine sea salt, arabica coffee bean, peppermint essential oil to leave your skin moisturized, smooth and soft.

FACE MASSAGE

30 MINUTES – USD 70 PER PERSON

Boosts blood circulation and relieves tension.

FOOT MASSAGE

30 MINUTES – USD 70 PER PERSON
60 MINUTES – USD 130 PER PERSON

Stimulating the pressure points on the feet that correspond to different parts of the body, this treatment improves circulation and provides an extreme sense of relaxation.

AROMATIC FLOWER BATH

30 MINUTES – USD 70 PER COUPLE

Slip into therapeutic relaxing bath with your loved ones and enjoy the peaceful moment.

Above prices are subject to 10% Service Charge and 16% GST



AYURVEDIC TOUCH

ABHYANGA MASSAGE

SOOTHES THE MIND, BODY & SOUL

60 MINUTES – USD 150 PER PERSON

90 MINUTES – USD 190 PER PERSON

A welcoming foot ritual initiates this profoundly relaxing massage. Warm oil enriched with fragrant Indian spices is then applied with long deep rhythmical strokes, stimulating the body's vital energy. The treatment concludes with a scalp and face massage, targeting facial pressure points.

SHIRO ABHYANGA (INDIAN HEAD MASSAGE)

30 MINUTES – USD 70 PER PERSON

It is a practice that originated in India more than thousands of years ago. The head massage focuses on your head, neck and shoulders to improve scalp, hair condition and helps to relieve stress, using a variety of pressure and techniques.

KIZHI

HEAT THERAPY FOR VITALITY

90 MINUTES – USD 210 PER PERSON

Cleanse the body of accumulated toxins and release muscular soreness. Begin with stimulating scalp massage followed by a combination of energetic massage strokes and heated herbal poultice therapy. This purifying experience have remedial effect on the full body, helping to manage back pain and easing down any swelling or inflammatory conditions.



Above prices are subject to 10% Service Charge and 16% GST

NOKU KIDS MENU (AGE 3 – 10 YEARS)

DREAM MASSAGE

30 MINUTES – USD 70 PER PERSON

This personalized body wrap is a tailor – made experience designed to comfortably raise the temperature, nourish the skin, and increase the effect and absorption of the wrap.

SIDE BY SIDE – FATHER-SON

60 MINUTES – USD180

A full body massages using Maldivian coconut oil for soothing & softening the skin.

SIDE BY SIDE – MOTHER-DAUGHTER

60 MINUTES – USD180

Treatment includes: Head or foot massage followed by nail grooming and finished with nail polish.



Above prices are subject to 10% Service Charge and 16% GST

ACTIVE WELLNESS

SUNRISE/ SUNSET YOGA

60 MINUTES – USD 25 PER SESSION

Perform yoga at sunrise or sunset, is the optional way to experience its physical, mental and emotional benefits.

PRIVATE CLASSES

PRIVATE CLASS WITH MINIMUM OF 2 GUESTS

60 MINUTES – USD 70 PER SESSION



Above prices are subject to 10% Service Charge and 16% GST

Reservations

To schedule an appointment for your perfect treatment, please contact our Noku Spa team who will provide the best recommendations for you. To ensure your preferred time and service is available, we recommend that you book your treatment in advance by dialing "operator".

Noku spa opening hours

Noku Spa is open daily from 10.00 AM to 08.00 PM and the last treatment will commence at 07.00 PM.

Arrival

Please allow sufficient time before your treatment to complete a Spa Consultation Form and/or Health Questionnaire. We recommend that you arrive up to 30 minutes prior to the appointment so that allow plenty of time to fill in our health assessment form.

Spa Etiquette

Our spa environment is one of relaxation and tranquility. Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile-phone free zone, and smoke free-zone.

Pregnancy

We have specially designed treatment for expectant woman or nursing mothers. Please allow our spa team to guide you in selecting the most suitable treatments during special time.

Cancellation Policy

If you plan changed and you wish to cancel your appointment, kindly let us know at least 4 hours prior to initial appointment time. Any treatment later will be charged at 50% of the respective rate; no show will be charged at 100% of the rate.

